



Empower Yourself Workshops

Wednesdays, Sept. 23 – Oct. 14, 2026

A four-week series -- 1:00 – 3:00 PM

Trinity United Methodist Church, 100 s. Blake, Sequim

Open to anyone living alone or expecting to live alone soon



Household Finances

Wednesday September 23



Shopping and Cooking for One

Wednesday September 30



Home and Auto Maintenance

Wednesday October 7



Taking Care of Yourself

Wednesday October 14

Come to one or come to all -- FREE

Information & Registration:

360-452-1511 or office@vhocc.org

volunteerhospice.org -- Volunteer Hospice OF CLALLAM COUNTY

