



## Volunteer Hospice OF CLALLAM COUNTY

### SOUL CARE SPEAKER SERIES

# Turning Toward Our Sorrow: How Poetry Can Help Us Explore Our Broken-Open Hearts with Rosemerry Wahtola Trommer Wed. July 9, 2025, noon – 1:30 PM PT

After losing a family member or loved one, grief can touch every part of our lives. Loss changes us. It also becomes a gateway for a growing fluency with love and paradox. How do we show up for all this grief and grace, ache and devotion, fear and wonder? Though interactive, this isn't a writing class. During our time together, Rosemerry will share poems from her books *The Unfolding* and *All the Honey*. She'll offer writing invitations and lead conversation about process and how a creative writing practice helps us meet the tender, threshold space we inhabit during grief. After the program, all recipients receive a recording of the program, the poems shared, and Rosemerry's writing prompts. In this way, participants can show up to the page in their own time with no pressure and no time limit for their writing.



Rosemerry Wahtola Trommer is a poet, teacher, speaker and writing facilitator who co-hosts *Emerging Form*, a podcast on creative process. Her daily audio series, *The Poetic Path*, is on the Ritual app.

Her poems have appeared on *A Prairie Home Companion*, *PBS News Hour*, *O Magazine*, *American Life in Poetry*, and Carnegie Hall stage. Her recent collections are *All the Honey* and *The Unfolding*. In 2024, she became poet laureate for Evermore, helping others explore grief and love through poetry. Since 2006, she's written a poem a day, sharing them on her blog, *A Hundred Falling Veils*. One-word mantra: Adjust.

"This beautiful collection of poems reveals the power of saying 'Yes' to life, the blessings of loving without holding back. *The Unfolding* is pure medicine for our tender, awakening hearts." —Tara Brach, mindfulness teacher and author of *Radical Compassion*

"Rosemerry Wahtola Trommer is what Rumi called a 'true human being,'—a person in whose presence pain becomes medicine that awakens us to the effervescence of each moment. —Kim Rosen, author of *Saved by a Poem: The Transformative Power of Words*

FREE – On Zoom

**Register HERE**

Information: 360-452-1511 or [astrid.r AT vhocc.org](mailto:astrid.r@vhocc.org)

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