

Clinical Staff

Haley B, RN, BSN, Clinical Team Manager
 Ashlee, CNA
 Becca W, RN, BSN
 Becca B, CNA
 Christy, RN
 Danielle, RN
 Ellen, RN
 Jannae, RN, BSN
 Jeanette, CNA Lead
 Kim, LPN
 Lynn, RN, BSN, MS
 Madelyn, CNA
 Mel, RN, BSN, HNB-BC, Wellness Coordinator
 Molly, RN, BSN
 Shelby, Patient Navigator
 Stephanie J, RN
 Stephanie Y, RN

Mission Support Staff

Priya Jayadev, Executive Director
 Lisa Palermo, Development Director
 Astrid Raffinpeyloz, Volunteer Services Manager
 Heather Loyd, Administrative Services Manager

Board of Directors

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 Loriann Hamilton Ridgeway, Vice President
 Stuart Koop, Treasurer
 Karen Affeld, Secretary
 Wendy Brown, RN
 Mike Crim
 Suzanne Lockwood
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HOSPICE *Happenings*

Providing physical, emotional, and spiritual support to terminally ill patients and their families with free, around-the-clock registered nursing availability and trained volunteers.
#We'reMoreThanHospice

Sequim Bay Yacht Club Is Always On Board for Volunteer Hospice!

The good folks at Sequim Bay Yacht Club have been longtime supporters of our Respite Care Fund, raising money through races in the fall, T-shirt sales, and a raffle. It's all open to the public, so if you'd like to row, sail, win a beautiful handmade table, or buy a tee, now's your chance!

For all 2024 Reach and Row for Hospice info: visit www.sequimbayyacht.club/reach-for-hospice. The Row and Paddle race is Sept. 14 and the Sailing Regatta is Sept. 21.

T-Shirts: Email sbycrowrace@gmail.com for info or visit the SBYC Facebook page to download an order form.

Raffle for Custom-Made Side Table: Tickets are \$5 each or 6 for \$25. To purchase by mail, send a check payable to VHOCC to SBYC, P.O. Box 1261, Sequim, WA 98382; include your postal and email contact information. You'll be emailed your ticket numbers. Raffle ticket sales continue through early December; the drawing will be on December 11.



The exquisite inlaid wood design, handcrafted by Ken Williams, features a sailboat. The oval top (20" x 24") and base are American black walnut. The sea is leopard wood, the sky is canary wood, the foresail is padauk, and the mainsail is basswood and maple. The deck is maple, the stern is wenge, and the mast, boom, and gaff are Gaboon ebony. The border is curly maple and the decorative strips (called purfling) and protective strip around the edge are the only dyed or stained wood.



Just-graduated registered nurse Nicole R. (at right) with her preceptor at VHOCC, Becca W., RN, BSN.

Grateful for Hands-On Hospice Experience with VHOCC

As a recent graduate of Peninsula College in Nursing, I also recently wrapped up a month-long preceptorship with VHOCC. My experience began with a deep dive, as I had my hands on a well-loved patient as he let go and passed, with his wife beside him. The experience will stay with me as a highlight of my preceptorship, as it was very gratifying to be able to support both the patient and his wife through that sacred process.

I have seen the dedication, care, and compassion of each staff member at VHOCC, along with my preceptor Becca Ward, RN, who took me under her wing and showed me what it is like to be a hospice nurse. I plan to take that same level of tenderness into my future work as an RN at OMC's Emergency Department and hope to also work as a hospice nurse.

VHOCC makes me feel so much hope for this amazing community we have in this small town surrounded by mountains, trees, and ocean. As Ram Dass said, "We are all just walking each other home." It's so true.

Nicole R.

VHOCC Offers Agape

"I chose to add VHOCC to my will because Volunteer Hospice is one of the very few organizations that, through our nurses — supported by the staff and volunteers — allows us to experience and practice agape [ah-gah-peh]. Agape is that unselfish charity-love that seeks the best for others while expecting nothing in return."

Ed Hopfner, former VHOCC Board member and volunteer

Can You Donate an Auction Item?

We're having an auction in the fall! We'd like to celebrate our amazing community by offering local goods, handmade items and fun experiences. Fishing trip? Garden consultation? Dinner by a local chef? Handmade furniture? A stay in your vacation rental? A year of fresh-baked pies? If you have something to donate — or just have a question — please get in touch with Lisa Palermo at Lisa.p@vhocc.org. And be sure to keep an eye on our Facebook page for updates and more information!

6 Ways to Help Volunteer Hospice

- Volunteer.
- Donate at volunteerhospice.org.
- Add Volunteer Hospice to your will.
- Donate needed items to the Lending Closet.
- 'Like' our organization Facebook page.
- 'Follow' us on LinkedIn.



Summer 2024 Program Calendar

All programs are free of charge. Registration is required for all except Follow-Up Grief Support Groups. All programs are subject to cancellation. Call 360-452-1511 or email reception@vhocc.org.

COMMUNITY ORIENTATIONS

In-Person: Port Angeles

First Wednesday of each month, 11 a.m.–noon.
VHOCC office, 829 E. 8th Street, Port Angeles.

In-Person: Sequim

First Tuesday of each month, 11 a.m.–noon.
Location given at time of registration.

GRIEF SUPPORT GROUPS

In-Person Group: Port Angeles

Fridays, Aug. 23–Sept. 20, 1–3 p.m.

In-Person Group: Sequim

Mondays, Oct. 28–Nov. 25, 1–3 p.m.

FOLLOW-UP GRIEF SUPPORT GROUPS

Drop-in groups open to those who have attended a VHOCC grief support group; no registration needed.

In-Person Group: Port Angeles

First Thursday of each month, 4:15–5:15 p.m.

In-Person Group: Sequim

Fourth Monday of each month, 1–2 p.m.

ONE-ON-ONE GRIEF SUPPORT

For anyone in the community grieving a loss. Call 360-406-4439 and ask for bereavement support.

SOUL CARE

SPEAKER SERIES

Our Speaker Series is offered every other month on the second Wednesday.

Wednesday, July 10, noon–1:30 p.m. via Zoom

'Prison Terminal: The Last Days of Jack Hall' documentary followed by panel discussion with the Humane Prison Hospice Project.

Wednesday, Sept. 11, noon–1:30 p.m. via Zoom

'Listening to the Unresponsive Dying' with Malynda Cress.

DEATH CAFÉ 'TEA TO DIE FOR'

Open, casual, freeform discussions relating to end of life, death and dying. Offered monthly from 4–5:30 p.m.

Port Angeles: Fourth Wednesday of each month at the VHOCC Conference Room, 829 E. 8th Street.

Sequim: Second Monday of each month at KSQM-FM, 609 Washington Street, #17.

A Timeless Ode to Rose Crumb

Recently I was sifting through some old files and found a sweet poem about Rose Crumb. It was written by Jackie Ortelli in April 2009, on the eve of Rose's retirement.

It was 1978 the year VHOCC was born by a dedicated woman with knowledge and charm. Rose set forth a path using her gift of compassion to make death with dignity her life's special mission. Over the years patients and families alike were comforted with Rose's solace and grace. And with a gentle spirit, she met all the challenges she faced. In the time of their sorrow and grief of life passing by it was Rose's gift and her mission at the end of their lives that brought many to give and volunteer their time to what has become known as Rose's Hospice, the one ever so fine! It is with hugs and smiles and education to Port Angeles and Sequim that will ever be in our hearts as we carry out the mission. Thank you to this blessed woman and Founder, Rose Crumb. May the path that you traveled guide VHOCC in the years to come!

As Rose stepped back from this amazing organization that she had created from the ground up, many others stepped forward to keep her vision alive.

Now, 15 years later, I'm certain Rose would be proud of the work that we do in this community. Her vision of compassionate care guides our support of patients and families at the time of life passing, and in so many other ways: educating the community about death and dying, lending equipment and supplies, supporting grief and bereavement, and much more.

As we continue along the path, we welcome you to join us, in keeping Rose's legacy alive. Your gifts of time, effort, medical equipment, and money ensure that we can sustain Rose's dream for the long term.

Priya Jayadev, Executive Director



Photo by Susan Doupe

Volunteers of the Month

MAY & JUNE: Both **Joe Carter** and **Chuck Madden** went above and beyond several times in delivering equipment. They worked beyond their normal shifts and gracefully adjusted to the specific needs of the patients — and demonstrated only humility and gratitude while doing so. Volunteer Hospice is truly blessed with such generosity.

JULY: Speaking about **Becky DeSpain**, VHOCC client Katherine Wieseman says: "Becky came Saturdays as respite for me and was incredible. I'm so grateful she was willing to come weekly for a couple of hours and I know my mom enjoyed being read to, when she was still cognizant enough to pay attention. Becky also found other ways to connect with her. The gift of respite!" And Becky enjoyed it too. She says, "It is encouraging to know that what we do makes a difference. Being with the Wiesemans was a gift for me too!"

HOSPICE HUGS

General Fund

Chelea Alwine
American Endowment Foundation
Barbara's Book Club
Kathy Bare
Sara Blake
Blue Mountain Yoga
Rosemary Cockrill
Janet Culver
Custom Chronograph
Keith Dorwick
Marjorie M. Dotson
Eve Farrell
Stanley J. Forsell
Ryan French
Bruce S. Golding
John Griset
Hilda Jane Hermon Living Trust
Honor of God Fund
Jo Anne Hughes
Marc Kalla
Barbara Lawson
Sally L. Moore
Terry Ann Norberg
Janet Norman
Dr. Roger Oakes
Jacolyn Partridge
Queen of Angels Catholic Church
Sequim Bay Yacht Club
Larry and Lana Stever
Dr. Cheryle Lee Sullivan
Mary O. Tousley
Jeffrey Tozzer
United Way of Clallam County
Carol Versteegen
Charlotte Warren
Donald R. Webb
John Zey

Community-Sponsored Fundraisers

Bada Bloom Florist
Esprit Convention
Louella Gebhardt Memorial Golf Classic
North Olympic Mustang Club
Peninsula Men's Gospel Singers

Volunteer Appreciation

Colleen Bradley
Grocery Outlet
Itsy Bitsy Greens
Westside Pizza

Volunteer of the Month Program

Chestnut Cottage Restaurant
Oak Table Café
Swain's General Store
Tedesco's Italian Fresh
Traylor's Restaurant

Loving Care and Compassion

"Thank you for your wonderful and welcomed services at the time of our family's deepest need. We will always remember your loving care and compassion for our mom. You were such a comfort to her and our family. Thank you again and again!"

A Grateful Family

Thoughts on Stability: Here's How You Can Help

Do you remember when you moved into your very own place and had to pay rent, utilities, and stock the fridge? It was an exciting time, and you understood the importance of having enough in your paycheck to cover those monthly expenses. While most of the world operates that way, nonprofits are different. The donations we rely on to cover our expenses fluctuate from month to month. We'd love more predictability in our monthly budget so I'm hoping some of you will consider setting up a monthly donation. In the words of Doug S: "Susan and I feel very fortunate to be volunteers with VHOCC. The people are wonderful and this place performs a huge service to the entire community. We donate our time to help day-to-day operations. We also make a dedicated monthly cash donation to help smooth out the ups and downs of the financial needs of a volunteer organization."

We've updated our donation page to make the process as easy as possible. If you have any questions, please feel free to give me a call at 360-797-8777 or email me at lisa.p@vhocc.org. And thanks so much for thinking about it!

Lisa Palermo, Development Director



August 10 at Olympic Cellars Winery: Beatles Hits from 'Good Day Sunshine' Benefiting Volunteer Hospice!

Join us Saturday, August 10 at Olympic Cellars' famous 'Big Barn' at 255410 Highway 101 — rain or shine! Doors open at 6:00, music starts at 7:00. Arrive early for best seating; feel free to bring your own chairs. Food is available for purchase, plus wine by the glass or bottle. You may also bring your own picnic dinner and non-alcoholic beverages.

Tickets are \$20, either at the door or in advance online. The concert series is family-friendly, with free admission for kids 12 and younger. To buy tickets and for more info, visit www.olympiccellars.com/summer-concert-series.