



# VOLUNTEER HOSPICE OF CLALLAM COUNTY

## Grief Support Group

**Mondays, March 16 – April 13, 2026**

**Five-week Series -- 1:00 – 3:00 PM**

**Trinity United Methodist Church  
100 Blake, SEQUIM**

**In a safe and confidential environment:**

- share your feelings and experiences with others
- gain a clearer understanding of the mourning process
- learn coping strategies & skills for the emotional pain of loss

**Free and open to anyone experiencing grief**

**Registration Required:**

**360-452-1511**

**[office@vhocc.org](mailto:office@vhocc.org)**



*Volunteer Hospice of Clallam County offers bereavement services to anyone grieving, regardless of the circumstances of the death.*

**[volunteerhospice.org](http://volunteerhospice.org)**